



HALO "Pap Test for the Breast" Now Available at Breast Care Specialists in Bethpage, New York

An exciting new test is now available in the fight against breast cancer. The HALO Pap Test for the Breast is a simple, five-minute test that is noninvasive. Like a pap test for cervical cancer, this new test is looking for abnormal cells in breast fluid, up to several years before they become lesions. Dr. Kaufman is one of the first Breast Surgeons in New York to make it available to patients.

The key to surviving breast cancer is to detect it as soon as possible. If cancer is found in its early stages, particularly if it is still contained in the breast, 5-year survival is near 100%. Identifying patients at the greatest risk of developing breast cancer allows us to monitor their breast health. Currently, most women (over 70%) diagnosed with breast cancer are not considered to be high risk.

The HALO Pap Test itself is quick and simple: cups are placed over the breast and a combination of warmth, compression and suction are applied for five minutes. Almost half of the women are expected to produce fluid, which is then sent to the lab for analysis, as is done now with pap smears for cervical cancer.

For decades, clinicians have known that the breast fluid (called Nipple Aspirate Fluid or NAF) is an indicator of a woman's breast health. What is new is the ability to perform this test during a regular office visit with a device that is quick, noninvasive, and repeatable. The test is FDA approved. The Halo Pap Test for the Breast is an important component of any well-woman checkup and is available now at Breast Care Specialists.

If you have questions about this new test, please do not hesitate to call Dr. Kaufman 516-520-1480 or visit www.paptestforthebreast.com for more information.